# MYOTONIC DYSTROPHY TYPE I

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## Classical Diagnosis

- Muscular dystrophy family
- Most common of the dystrophies
- Myotonia- inability of muscles to relax after contraction
- Myotonia then leads to muscle deterioration
   versus Duchenne's muscle swelling
- Muscle weakness, irregular heartbeat, cataracts, mental deterioration
- Categorized according to severity of symptoms: mild, classic, congenital

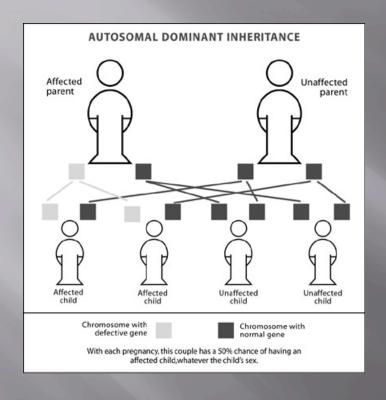
### Classical Treatment

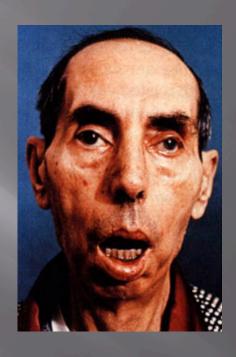
- No cure for DMI (yet)- treatment is only alleviating symptoms
- Pain relievers, anti-inflammatory drugs
- Possible aerobics treatment may strengthen muscle (Orngreen 2005)
- Assistive devices
- DMI patients should avoid drugs that can cause muscle weakness or pain

## Genetic Diagnosis

- DMPK gene, chromosome 19q13.3- codes for protein kinase in muscle.
- Protein kinase- regulation of cell activity
- □ DMI defect- increased repetition of CTG (>34)
   → the more repetitions, the more severe the disease
- Abnormal length causes irregular hairpin folds in RNA
- Gene test checks this repetition
- Dominant allele of gene
- Differential diagnosis with genetics can tell the difference between DMI and other dystrophies

## Genetic Diagnosis







#### Genetic Treatment

- Still being researched
- Strong conservation in other animals = high research potential
- 3 potential treatments:
  - 1. gene therapy to replace DMPK and protein kinase
  - 2. RNA-binding protein complex control (Mahadevan 2006)
  - 3. Normalizing the CTG chain by splicing (Timchenko 2006)

#### References

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- "Dystrophia Myotonica 1". Online Mendelian Inheritance in Man. 2008. Johns Hopkins University. 25 Sep 2008. <a href="http://www.ncbi.nlm.nih.gov/sites/entrez?d">http://www.ncbi.nlm.nih.gov/sites/entrez?d</a> b=omim>
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- "Myotonic Dystrophy Type I". <u>GeneReviews</u>. 2008. University of Washington. 25 Sep 2008. <a href="http://www.genetests.org/">http://www.genetests.org/</a>